

**COUNTY OF TIOGA
EXECUTIVE PROCLAMATION**

WHEREAS: The residents of Tioga County benefit every day from the efforts of the public health workforce when eating at restaurants, drinking tap water, and learning about prevention of diseases; and

WHEREAS: Educating people about the benefits of healthy behaviors is an essential element in attaining good health and preventing premature illness and death; and

WHEREAS: Public Health efforts alone cannot accomplish the goal of a healthier Tioga County without cooperation and partnership with communities and individuals; and

WHEREAS: Each one of us needs to do our part by taking personal responsibility to improve behaviors by following public health recommendations, such as: abstaining from tobacco use; prioritizing sleep; staying up-to-date on vaccinations; making time for regular, safe physical activity; and eating more fruits and vegetables in order to prevent disease; and

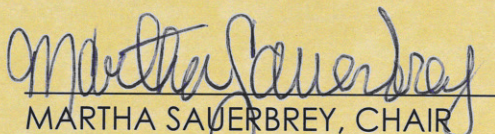
WHEREAS: National Public Health Week provides an opportunity for our county to learn about public health concerns and success stories that are vital to healthy communities, such as immunizing against infectious disease, providing services for children with developmental delays, ensuring safe living conditions, enforcing environmental health regulations, providing dental services to underserved families, and preventing lead poisoning; and

THE TIOGA COUNTY LEGISLATURE, County of Tioga, does hereby proclaim the week of April 3 – 9, 2023 as:

PUBLIC HEALTH WEEK

and urges all residents to take steps to educate themselves on and recognize the role of public health in our community.

Dated: March 14, 2023


MARTHA SAUERBREY, CHAIR
TIOGA COUNTY LEGISLATURE

