

WHAT THE HEALTH!?

Celebrate Safely

Fireworks

- Prevent fires and injuries - leave the fireworks displays to the professionals.
- This year, skip the sparklers, and celebrate with something the whole family can enjoy - glow sticks, noise makers, or silly string!
- Please be considerate of our military veterans and furry companions!
 - Don't set off fireworks late at night, close to homes, or better yet, attend an organized fireworks display!

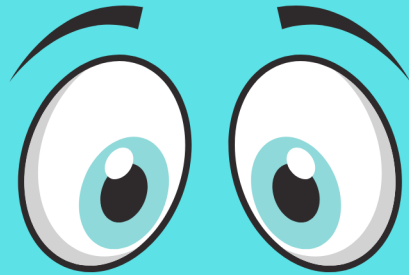
Drinking & Driving

- If you plan to drink, make a plan ahead of time for a sober ride home - Uber, Lyft, etc.
 - Even if you've only had one drink!
- If you're hosting a celebration, make sure there are plenty of non-alcoholic beverages for designated drivers.
- See someone that is about to drive impaired? Take the keys away and make arrangements for them to get home safely!

July 2021



Keep Your Eyes Healthy!



EAT RIGHT!



PROTECT YOUR EYES!



EYE EXAMS!



REDUCE EYE STRAIN!



Rabies Vaccination Clinic

Thursday, July 15th

5:30pm-8:00pm

Berkshire Fire Dept.
12515 NY-38 Berkshire

Pre-registration Required!

www.health.ny.gov/go2clinic/54

PREVENT



CHECK



REMOVE



Don't let a TICK make you SICK!

