

TIOGA COUNTY COMMUNITY SERVICES BOARD
MH – ASA – OPWDD Subcommittee Meeting

APPROVED

April 7th, 2026

9:30 a.m.

Via: Hybrid

Member	Tina Lounsbury	Colleen Arnold
Attendance:	Nadia Constant	Georges Oswald
	Anne Seepersaud	Laura Smith
	John Crosby	Karen Warfle
	Renee Nuzak	Shannon Westbrook
	Kim Bailey-Poreda	Kylie Holochak
	Gayle Pado	Bob Williams

Guest

Attendance:

Mental Hygiene Danielle Fabregas, Clinical Program Director

Staff Attendance: Angelica Deyo-Cruz, Corporate Compliance Officer/CSPOA

 Porshea Moore, Certified Recovery Peer Advocate

 Sue Graves, Secretary to the Director

Meeting called to order at: 9:33am

Topic: Review March 2026 Minutes

- MH Subcommittee – Approved as written
- OPWDD Subcommittee – Approved as written
- ASA Subcommittee – Approved as written

Topic Clinical Director Report – Danielle Fabregas

Discussion: Updates:

- Staffing
 - Lorrie Woloszyn started 4/1 - Jail Clinical Social Worker
 - Rebecka Deretz started 3/27 – School based Social Worker at Tioga Central Schools
- May – Mental Health Awareness Month
 - Proclamation presented to the Legislature
 - Requested for the Court House to be lit up in green for awareness month
- Mobile Crisis
 - Up and running
 - Mobile Crisis Peer position remains open
- County Plan
 - All provided 2024 full plan & 2026 updates
 - Feedback is needed from each subcommittee
 - Please send updates to Sarah
 - Plan is due to the state in June

- Census
 - ADS
 - 86 Admitted
 - 10 Peer only
 - 33 Continued Care
 - MH
 - 573 Admitted

Status: Informational - Complete

Topic: OPWDD Subcommittee – John Crosby

Discussion: DDSO/DDRO Report – Renee Nuzak

- Website updated
 - Family resources page
 - Employment page – printable guide
 - Front Door Videos – in additional languages
 - Housing pages
 - Data

Achieve – Shannon Westbrook

- Day Hab
 - Full with 23 enrolled, 2 on intake list and 2 on wait list
 - Day program expanding as well

FFS Report –Gayle Pado

- Working on purchasing swag items
- Discussions on contract information - how providers are doing with milestones
 - Information reviewed at the statewide meetings
 - Regional responses reviewed as well that directly affects Tioga County.
 - Connecting providers to create internal mentor program in the region

CCO Reports

LIFEPlan – Anne Seepersaud

- Community Networking Event June 10th at Doubletree, Binghamton
 - Tabling event
 - Reaching out to schools
 - Discussion panel on Self-Direction
 - Group showing of “Unseen” – documentary
- Tioga County School District
 - Spoke with regarding OPWDD outreach & assistance
 - Helping families not connected to services
- Nick Cappoletti, CEO of LIFEPlan addressed the NYS Assembly regarding housing
 - Video link attached

- Virtual Summit held last month
 - Recording on website being sent to subcommittee

Prime Care –Tricia Tomm - not present

ST Connects – Emily Jackson – not present

Rackers – Gayle Pado

- Waiting list for ComHab
- Self-Direction - no waiting list
- April Events (attached)
 - Highlight – “Raising Kids Who Include” – virtual training
 - April 8th, 5:00-6:30pm
 - Brief overview of April activities
- New Series this Spring/Summer
 - “Growing Together” -adaptive gardening
 - More information to follow
- Texas Roadhouse field trip planned
 - April 27th from 11:00am – 1:00pm

Catholic Charities – Gabby Ayers – not present

Self- Advocate – Karen Warfle

- Surveys completed for various agencies

Brief discussion ensued regarding surveys, results and increasing participation.

Status: Informational - Complete

Topic: ASA Subcommittee – Kylie Holochak, Chair

Discussion: CASA Trinity – Laura Smith

- Waverly Schools
 - Josh is finishing up programming for grades 5-8
 - Running a “Life skills” program with a lunch group
 - Group attendance is good
- Spencer VanEtten Schools
 - Kim is running a prevention group for grades 7-8
- Met with Spencer & Waverly schools to discuss dropping the contract
 - Work continues as it has without the contract

EMS – Bob Williams

- Open House at the end of May
- TAM training May 12th – 14th at the Public Safety Building
 - Register online
 - More information forthcoming

Coroner Report – Bob Williams

- Had one overdose death this past Saturday
 - Waiting on toxicology report

Sheriff's Office report – Trevor Yaeger – not present

Certified Recovery Peer Advocate – Porshea Moore

- Spike in overdoses in Broome County
 - Tabled at an event this past Saturday
 - All Narcan boxes and kits given away
- Spike in need for housing and food insecurities
 - Broome County has more resources but finding people do not want to leave Tioga County

ASAP Coalition – Kylie Holochak

- Call with the State Overdose Program
 - They want to see more reported overdose figures
 - Decline in county overdose deaths
 - Porshea suggested creating a reversals report
 - To include a way for clients to report
- CLYDE Surveys
 - Meeting with schools regarding their survey results
 - Waverly, Newark Valley & Owego reviews done
 - Spencer VanEtten & Tioga Central reviews next week
 - Candor schools at the end of May
 - Initiatives to be implemented in September
 - Biggest issues – Mental Health & Bullying in grades 7 & 8
 - Survey showed numbers for alcohol use, vaping, prescription med misuse and Zins to be much lower than perceived
 - Note regarding Zins – fewer people using, but those individuals are using a lot of them

Public Health – Kylie Holochak

- Tabled at the Newark Valley for Wellness Week
- Drug Take Back Day
 - April 25th from 10:00am – 2:00pm
 - Promoting “Every day is take back day”
- Public Health & Coalition Collaboration
 - Safety Symposium April 28th
 - Starting discussions regarding vape disposal
 - Goal is to get it to the state level

Status: Informational - Complete

Topic: MH Subcommittee – Angelica Deyo-Cruz, Chair

Discussion: Rehabilitation Support Services – Colleen Arold

- Housing
 - 2 opening in the CR

- Will have a total of 3 at the end of April
- 2 openings in the TAP program
- Supported Housing – 17 of the 22 beds are filled
 - Accepting applications/referrals

Public Health – Kylie Holochak

- Working on Community Health Improvement Plan (CHIP)
- ASAP Coalition & Suicide Prevention Coalition working together on a new data program (Metopio)
 - Kylie gave a brief overview of how the program can benefit both organizations
 - The program updates daily
 - Has 150 data sets
 - Kyle to share more once the program is live

Hea Hea – Nadia Constant & Georges Oswald

- Open and treating clients
 - Experienced Clinical Social Worker hired for mental health & substance misuse hired
- Struggling with insurance companies
 - Issues with getting paid for services
- Clients are doing well in treatment & families are happy
- Doing community outreach
 - Engaging in television & radio presentations
 - Georges developing a podcast
 - Roundtable for families, community & service providers
- Currently have 4 clients enrolled in PHP
- IOP expanding age group to provide services to 11–35-year-olds
 - OMH will need to do an in-house visit
- A clinic in Elmira closed services for adults with eating disorders
 - Hea Hea can't take on any more client currently
- Experiencing transportation issues with clients
 - Georges noted BC/BS will not pay transportation costs for a PHP program
 - Group provided numerous resources for transportation assistance

Status:

Informational - Complete

Adjournment:

The meeting adjourned at 10:36am. The next meeting is scheduled for Tuesday, May 5th, 2026, at 9:30am
