



Tioga County Public Health Department

Lisa C. McCafferty, R.S., MPH; Public Health Director



Public Health
Prevent. Promote. Protect.

Tioga County

HEALTH & HUMAN SERVICES COMMITTEE – PUBLIC HEALTH

TUESDAY, FEBRUARY 8, 2022

8:30 A.M.

FINANCIAL:

- Agency Financials December 2021 & January 2022

OLD BUSINESS:

- None

NEW BUSINESS:

- Agency Report January 2022

PERSONNEL:

- Maggie McGoff, Public Health Educator, effective February 4, 2022

RESOLUTIONS:

- Amend Budget & Appropriation of Funds Public Health (CPiA)
- Amend Budget & Appropriation of Funds Public Health (HNP)

PROCLAMATIONS:

- Sleep Awareness Month (New; Katie Wait to Receive)

ADJOURNMENT:

SUMMARY SHEET OF MUNIS REPORT
PUBLIC HEALTH DEPARTMENT
YTD 2021 THRU December
Report Run date: 2.1.2022

Fund	ACCOUNT DESCRIPTION	ORIGINAL APPROP	TRANFRS/ ADJSMTS	REVISED BUDGET	YTD ACTUAL	ENCUMBRANCE/ REQ	AVAILABLE BUDGET	% USED
A	Total A2960 Handicapped Education	1,337,530	27,989	1,365,519	709,581.54	235,521.81	420,416	69.20
A	Total A4011 Public Health Administr	1,932,274	12,692	1,944,966	1,764,334.52	1,556.20	179,075	90.80
A	Training/All Other	1,000	0	1,000	0.00	0.00	1,000	0.00
A	Total A4044 Early Intervention	58,496	0	58,496	79,393.48	0.00	-20,897	135.70
A	Total A4053 Preventive And Primary	-126,125	0	-126,125	-197,812.91	6,178.00	65,510	151.90
A	Total A4064 Managed Care - Dental S	-115,800	0	-115,800	-55,066.82	0.00	-60,733	47.60
A	Total A4090 Environmental Health	-165,913	20,873	-145,040	-252,162.03	3,350.99	103,771	171.50
A	Total A6610 Sealer Of Weights And M	8,451	0	8,451	11,759.82	0.00	-3,309	139.20
A	Total A General Fund	2,928,913	61,554	2,990,467	2,060,027.60	246,607.00	683,833	77.10
H	Total H Capital Fund	14,240	18,001	32,241	18,000.61	0.00	14,240	55.80
Revenue Total		-3,254,899	-2,616,838	-5,871,737	-2,765,301.29	0.00	-3,106,435	47.10
Expense Total		6,198,052	2,696,393	8,894,445	4,843,329.50	246,607.00	3,804,508	57.20
Grand Total		2,943,153	79,555	3,022,708	2,078,028.21	246,607.00	698,073	76.90

Comments:

- This report does NOT represent the final figures for YTD through December 2021. It represents what was in MUNIS at the time of this report (2.1.2022)
- Most Revenues received in Jan-Feb are for services/expenses from prior year & are moved back. Thus, current year revenue is delayed.

SUMMARY SHEET OF MUNIS REPORT
PUBLIC HEALTH DEPARTMENT
YTD 2022 THRU January
Report Run date: 2.1.2022

Fund	ACCOUNT DESCRIPTION	ORIGINAL APPROP	TRANFRS/ ADJSMTS	REVISED BUDGET	YTD ACTUAL	ENCUMBRANCE/ REQ	AVAILABLE BUDGET	% USED
A	Total A2960 Handicapped Education	1,111,625	0	1,111,625	-43,688.14	696,500.00	458,813	58.70
A	Total A4011 Public Health Administr	2,114,136	0	2,114,136	152,450.06	2,455.26	1,959,231	7.30
A	Total A4044 Early Intervention	34,543	0	34,543	11,661.60	1,300.00	21,581	37.50
A	Total A4064 Managed Care - Dental S	-99,196	0	-99,196	-11,406.81	75.00	-87,864	11.40
A	Total A4090 Environmental Health	-220,030	0	-220,030	-2,571.75	2,793.97	-220,252	-0.10
A	Total A6610 Sealer Of Weights And M	8,403	0	8,403	207.23	0.00	8,196	2.50
A	Total A General Fund	2,799,481	0	2,799,481	107,025.93	703,124.23	1,989,331	28.90
H	Total H Capital Fund	30,080	0	30,080	0.00	0.00	30,080	0.00
	Revenue Total	-3,789,223	-2,355,479	-6,144,702	-68,571.29	0.00	-6,076,131	1.10
	Expense Total	6,618,784	2,355,479	8,974,263	175,597.22	703,124.23	8,095,542	9.80
	Grand Total	2,829,561	0	2,829,561	107,025.93	703,124.23	2,019,411	28.60

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Lisa C. McCafferty, R.S., MPH; Public Health Director

INTERNAL MEMO

TO: **William H. Standing, III; Chair, HHS Committee**
FROM: Lisa C. McCafferty, R.S., MPH; Public Health Director
CC: Marte Sauerbrey; Chair, Tioga County Legislature
DATE: February 8, 2022
RE: **Agency Report- January 2022**

Attached is our agency report for presentation at the HHS Committee meeting.



Tioga County Public Health Department

Lisa C. McCafferty, R.S., MPH; Public Health Director



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NOTEWORTHY ITEMS, UPDATES AND ACCOMPLISHMENTS

- Nicole Whitmore was nominated as Employee of the 4th Quarter!
- Submitted the Community Health Improvement Plan update for 2021.
- Environmental Health Division made the news! Our work with the Richford Water Survey Project was highlighted in: "In the Field of Environmental Health," issued by NYSDOH Center for Environmental Health, including comments from Dan Scherrer.
- Adam Ace prepared an informative Healthy Neighborhoods Program Quarter 3 Report.
- Held our first rabies clinic of the year at Campville Fire Station. Despite the cold weather, we vaccinated over 80 pets!
- Dental Van crew just moved to the Owego Elementary School and is handling a busy schedule, while preparing for upcoming State Audit.
- Rabies has heated up this winter. Two positive specimens, resulting in 3 people receiving the Rabies Post Exposure Prophylaxis treatment. A bat was found in a bedroom with people sleeping in it, and a gray fox attacked a man in his yard. Interesting note – Wadsworth Lab is now reporting specific rabies variants. The rabies virus in the bat was PCR tested as *Eptesicus fuscus variant* (Big Brown Bat). The gray fox tested with the raccoon variant.
- Abby Reigelman attended an Administrative Services 101 Training held by County Legislative Clerk and County Attorney.
- Ongoing support/partnership in: Team Tioga, Safe Harbor Committee, Allies in Substance Abuse Prevention (ASAP), Tioga County Immunization Coalition, Anti-Hunger Task Force, Tioga County Local Emergency Planning Committee (LEPC), Child Fatality Review, Care Compass Network PAC Executive Council, Tioga County Council of Governments, Board of Health, Rural Economic Partnership (REAP), and External Community Advisory Board MPH Program at Binghamton University.

Continuing with COVID-19

- Partnering with Candor Schools, Village of Waverly, Waverly Police Department, and other agencies, held COVID-19 vaccine clinics: second dose clinic at Candor vaccinating 190 and first dose clinic at Waverly vaccinating 125.
- Major changes in guidance and New York State Department of Health (NYSDOH) COVID process. Shift to 5 day Isolation and Quarantine. Contact tracing suspended, case investigations truncated.

- At start of year, to help serve the public more efficiently, we opened an online survey on our website to self-report at-home positive tests. Then transitioned to New York State Department of Health's (NYSODH) online attestation, which allows individuals to self-attest. They can fill out/print their isolation/quarantine paperwork for both laboratory and at-home positive tests.
- As of January 14, 2022 the New York State Department of Health NYSDOH virtual case investigators have assumed case investigations. Virtual investigators will identify a "priority group" for full investigation. If the case does not fit into the "priority group" then the investigation is shortened and they are referred to the NYSDOH website to fill out their own online attestation.
- [Workbook:NYS-COVID-Tracker](#) and/or [Coronavirus COVID-19\(2019-nCoV_\(arcgis.com\)\)](#) to see updated data points (national and state) about COVID cases, comorbidities, demographics.

- As of January 28, 2022; since March 14, 2020 onset:

New York State

Total Known Cases: 4,904,361

Total Known Deaths: 64,743

Total Known Recoveries: 2,620,269

National

Total Known Cases: 74,890,689

Total Known Deaths: 903,820

Total Known Recoveries: 45,696,047

- Current Numbers To Date; since March 14, 2020 onset:
 - **677** Days Since Public Health EOC activated (3/14/2020)
 - **9,419** Confirmed Cases (Data from NYS CommCare system)
 - **19,588** Quarantine/ Isolation Orders Issued (Data from NYS CommCare system)
 - **4,314** Household Trips/Deliveries
 - **186** Complaints
 - **3,944** Facebook Likes
 - **939** Facebook Posts
 - **48** Media Interviews
 - **98** Press Releases

*Go to New York State Dashboard for current COVID-19 data at:

<https://coronavirus.health.ny.gov/covid-19-data-new-york>

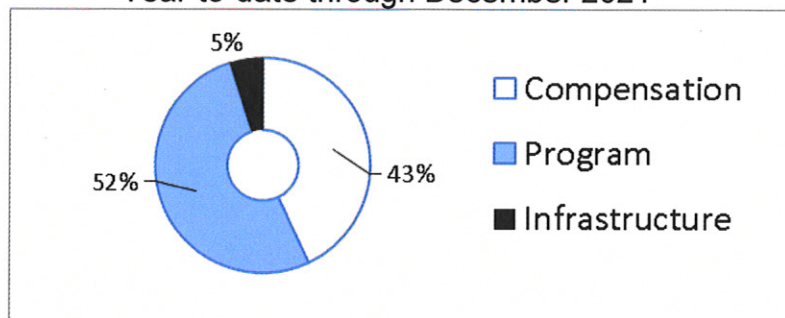
Attachments:

1. Financial Snapshot January 2022.
2. Data Report January 2022.
3. Article: "Testing Private Wells," In the Field of Environmental Science, NYSDOH Center for Environmental Health, Winter 2022.
4. Article: "County's Board of Health revises Marijuana Resolution," Owego Pennysaver, December 26, 2021.
5. Advertisement: "Public Health Nurse," Owego Pennysaver, December 26, 2021.
6. Section from Article: "Moment of Silence Held in Memory of Del Bianco," Candor Chronicle, January 19, 2022.
7. Article: "Tioga County COVID-19 Quarantine Update," Candor Chronicle, January 19, 2022.
8. Article: "Waverly COVID-19 vaccine clinic slated for Saturday," Morning Times, January 13, 2022.
9. Article: "New COVID Cases Hit 141 Per Day," Candor Chronicle, January 12, 2022.
10. Article: "COVID-19 cases continue to increase," Morning Times, January 24, 2022.
11. Article: "Tioga County COVID-19 Update for December 15-December 21, 2021," Owego Pennysaver, January 2, 2022.
12. Article: "Tioga County COVID-19 Update for December 29, 2021-January 4, 2022," Owego Pennysaver, January 9, 2022.
13. Article: "Tioga County COVID-19 update for January 5, 2022-January 11, 2022," Owego Pennysaver, January 16, 2022.
14. Advertisement: "What to Do if You Test Positive or if You are Exposed to a Positive Case," Owego Pennysaver, January 16, 2022.
15. Advertisement: "I'm COVID Positive What Do I Do?," Morning Times, January 22, 2022
16. Flyer: "Free N-90 Masks for Tioga County Residents," January 2022.
17. Flyer: "2022 Tioga County Rabies Vaccination Clinics," January 2022.
18. Flyer: "Make Financial Preparedness Your 2022 Resolution!," January 2022.
19. Flyer: "Winter Health Hazards," January 2022.
20. Flyer: "What The Health!?", January 2022.
21. Bulletin Board: "Shed Light on Human Trafficking," Health & Human Services Building, January 2022.
22. Billboard: "Walking in a Germ-Free Wonderland!," January 2022.

Financial Snapshot
December 2021

	2017 Actual	2018 Actual	2019 Actual	2020 Actual ²	2021 Budget	Actual* ^{1,3} thru December	Percentage of 2021 Budget
Revenues							
Fees	742,121	1,100,359	1,112,262	739,661	1,119,950	561,932	50 %
State/Federal	2,040,481	2,680,110	2,704,275	2,047,032	2,347,657	2,128,288	91 %
Local	2,360,036	2,147,623	2,103,208	1,924,103	3,022,708	2,076,114	69 %
TOTAL	5,142,638	5,928,092	5,919,745	4,710,796	6,490,315	4,766,334	73 %
Expenses							
Compensation	1,721,424	1,734,508	1,728,302	1,889,627	2,214,152	2,052,132	93 %
Program Expense	3,206,083	3,671,760	3,661,604	2,518,252	3,928,772	2,455,716	63 %
Core Infrastructure	215,131	521,824	529,838	302,917	347,391	258,486	74 %
TOTAL	5,142,638	5,928,092	5,919,745	4,710,796	6,490,315	4,766,334	73 %
FTE: 2021 Approved Headcount of 35 FTE: 31 FT & 4 PT	22.6	23.8	26.3	23.7	29.2	-----	-----

Allocation of Expenses
Year-to-date through December 2021*^{1,3}



*Notes: 1. The "Financial Snapshot" & "Allocation of Expenses" represent figures as of this report date (2.1.2022), and are not the FINAL December 2021 figures.
 2. During 2020, the Legislature required a 10% cut in expenses from all County departments. This was removed from the Expense side of the ledger, but not the offsetting revenue portion, thus inflating the reported "Local Share" of Public Health by nearly \$375K.
 3. COVID Specific funds have been removed from these tables, as they skew the numbers due to their large amounts. Currently over \$2.4 million has been appropriated of Covid funding within Public Health.

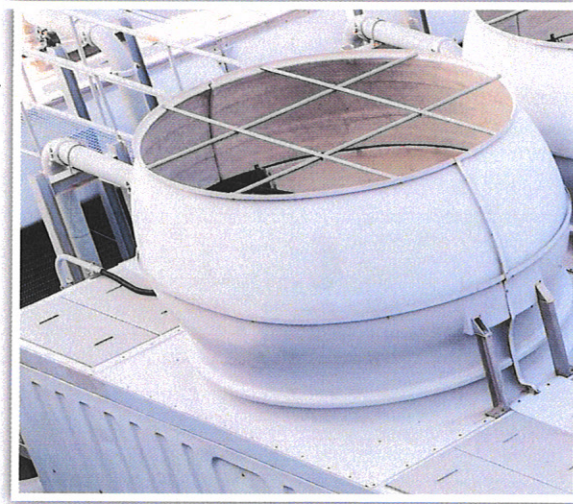
2022 Data Report

PUBLIC HEALTH ACTIVITIES	Y-E 2018	Y-E 2019	Y-E 2020	Y-E 2021	Jan-22	Y-T-D
Community Health						
Healthy Neighborhoods Program Visits	265	327	94	112	32	32
- HNP revisits	148	2	40	14	4	4
Communicable Disease	821	464	618	0	0	0
- Respiratory (Legionellosis, Strep)	17	31	143	4	0	0
- Influenza	624	606	571	49	0	0
- Tick caused	23	57	19	105	0	0
- Hepatitis	45	34	20	53	0	0
- Gastrointestinal Disease	29	16	16	40	0	0
- PPD Test Administered	88	38	5	0	0	0
Child Passenger Safety Seats Inspected	92	84	6	20	0	0
- Child Seats FAILED Inspection	63	72	5	10	0	0
PH Interns	12	5	1	2	0	0
Immunizations total child and adult	157	120	35	0	0	0
People Trained w/ Narcan	186	18	9	2	0	0
Narcan Distributed	67	105	41	160	8	8
Dental						
New Clients	349	637	124	154	21	21
Dental Screenings	2119	1850	631	782	54	54
- Clients with no tooth decay	640	499	237	328	22	22
-Clients WITH tooth decay	455	601	116	310	13	13
- Clients with EXTENSIVE tooth decay	510	722	251	128	19	19
Extractions	155	161	91	179	5	5
Children Services						
Children w/Special Health Care Needs NEW Referrals	60	25	11	7	0	0
- Current Children being served	n/a	n/a	104	92	9	9
Environmental Health						
Animal bite investigations	222	197	119	150	14	14
Rabies Clinics	23	9	2	6	0	0
- Number of Animals	1269	1016	391	1098	0	0
Food Establishment Inspections	206	235	81	182	6	6
- Establishments with Violation	35	35	10	26	1	1
Temporary Food Inspections	82	68	2	8	0	0
- Clean Indoor Air Act Violations (Smoking)	4	1	0	0	0	0
Mobile Home Park Inspections	35	30	3	37	2	2
Children's Camps	15	9	5	4	0	0
Agriculture Fairgrounds	2	2	0	2	0	0
Nuisance Complaints	19	25	58	17	2	2
Enforcement Actions	76	48	11	31	0	0
Weights & Measures						
Inspection Sites	126	82	69	129	0	0
-Devices Inspected	476	432	277	499	0	0
Petroleum Quality Samples Taken	5	0	0	0	0	0
COVID-19						
* Days Public Health EOC activated from year start			285	364	N/A	28
Total COVID Cases for period				5628	2259	2259
Individuals Tracked			5849	13224	2546	2546
Calls Taken			15257	7824	260	260
Quarantine/Isolation Orders Issued			4323	13586	1659	1659
Household Trips/deliveries			2518	1772	24	24
COVID-19 Related Complaints			144	41	1	1
Vaccination Clinics				36	2	2

In the Field of Environmental Health

Chemung County Legionella Investigations Yield Results

When a suspected case of Legionnaires' disease is reported, coordination between local health departments and NYS DOH is imperative.



Herkimer District Office Ensures Safety During an Illegal Mass Gathering

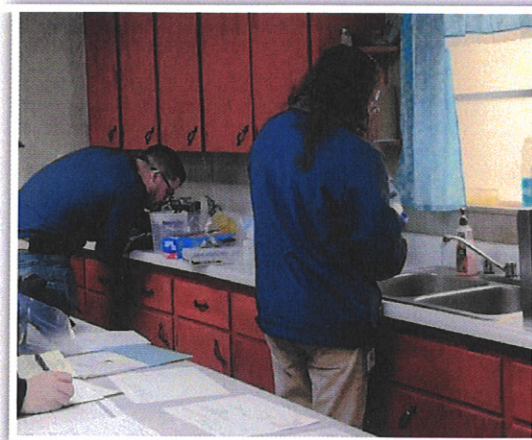
Herkimer District office staff intervened in an illegally held Max Power Mud and Music Festival to ensure the safety of festival goers when the promoter failed to obtain a permit.

NYC Identifies Imported Ceramics as Source of Lead Poisonings in 15 Adults and Children



Testing Private Wells

Tioga County and NYS DOH began piloting a small private well sampling program funded by the Center for Disease Control and Preventions' Safe Water for Community Health (Safe WATCH) program.



WINTER 2022

In the Field is now mobile friendly. Please click each green headline to read the full article.

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our Center Director**

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ceheduc@health.ny.gov

Testing Private Wells

In Spring 2019, Tioga County Health Department and NYS DOH piloted a small private well sampling program in the Hamlet of Richford, funded by the Center for Disease Control and Prevention's (CDC's) Safe Water for Community Health (Safe WATCH) program. This program aims to reduce harmful exposures from private drinking water wells.



Martin Zatarian, Matthew Morse and Braden Savage of the Bureau of Water Supply process samples at Richford Town Hall.

Testing Complements Richford's Source Water Protection Plan

Lisa McCafferty, Tioga County Health Department's Environmental Health Director had been on the lookout for private well sampling resources to complement the area's Source Water Protection Planning efforts. Safe WATCH sampling would cover the cost of testing for the complete suite of NYS DOH-recommended analytes (which normally cost \$200 per home).

Richford sits at the bottom of a valley where many older, Victorian era homes are served drinking water by shallow dug wells in close proximity to aging septic systems and other contamination sources. Local officials in Richford recently commissioned a source water protection plan by the New York Rural Water Association (NYRWA). The plan provided excellent information on potential sources of contamination and drinking water protection strategies. The program did not, however, offer private well sampling.

A recruitment flyer was distributed and well testing and phone interviews were scheduled to collect information about well sampling history, proximity of the property to well risk factors, and access to pre-treatment water for sampling. Field team members collected well water from 16 sites across Richford. All sites were tested for *E. coli*, coliform bacteria, lead, nitrate and nitrite, iron and manganese, arsenic, sodium, hardness, pH, turbidity, and alkalinity. Three sites were also tested for petroleum products due to concerns about possible historical contamination. Seven of the 16 wells tested positive for coliform, a quarter had elevated nitrate levels, and one had an elevated lead result.

Informed with these results, local officials were better able to prioritize recommendations in the NYRWA Source Water Assessment Plan. As Dan Scherrer of Tioga County Health Department states, "The water testing helped to identify drinking water vulnerabilities for the residents in the Richford Hamlet. It has also opened another door to promote Tioga County's Healthy Neighborhood program, which includes water testing, plus a full home health and safety check."

A Growing Program

The program continues to grow under additional funding from CDC. According to the NYS DOH Team lead Ursula Lauper, "What started as a small project with a goal to sample approximately 20 wells ended up growing beyond expectations. In 2021 we've collaborated with NYRWA to sample three communities and have several more planned. We're also piloting a "self-service" program, where residents can receive a free well test by collecting their own samples with remote guidance from staff."

Contributed by Ursula Lauper, [Bureau of Water Supply Protection](#) and Daniel K. Scherrer, Tioga County Health Department.

County's Board of Health revises Marijuana Resolution

At last month's Board of Health Meeting it was decided on by members of Tioga County's Health Department to revise their Marijuana Resolution to read as follows.

WHEREAS: The Tioga County Board of Health supports the use of marijuana (also known as cannabis, weed, pot, etc.) for serious and life-threatening medical conditions

(approved through New York State Legislation in 2014) and acknowledges the March 2021 passing of the Marijuana Regulation and Taxation Act (MRTA) for adult marijuana use (ages

21 and over) in New York State; and

WHEREAS: The Tioga County Board of Health has concerns regarding the ease of accessibility this creates for persons under the age of 21 to obtain marijuana; and

WHEREAS: The CDC states that marijuana use in adolescence or early adulthood can affect brain development and can also have serious impacts on a teen's life including a decline in school performance; increased risk of mental health issues including depression, anxiety, and psychosis; impaired driving; and the

potential for addiction (1 in 6 youth who start smoking cannabis become addicted); and

WHEREAS: The high levels of THC in marijuana today, both in flower and edible form, can lead to serious health risks and overdose, especially if accidentally consumed by children or pets; and

WHEREAS: Edibles are made to look like common food items making them appealing to children who may unknowingly consume them. Data from Upstate New York Poison Control Center indicates that calls have nearly tripled for children and teens

under 19 years of age who ingested cannabis candies from January 2021 to May 2021, compared to the same time frame last year; and

WHEREAS: Those exposed to secondhand marijuana smoke may experience psychoactive effects. Marijuana smoke may also cause the same health risks as being exposed to cigarette smoke; therefore be it

RESOLVED: The Tioga County Board of Health endorses the position that the legalization of marijuana is likely to be associated with negative social, physical, and mental health outcomes for children.

Owego Pennysaver 12/26/21

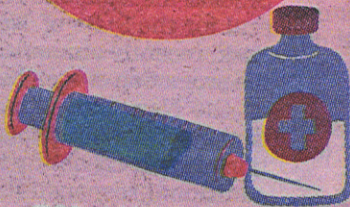
ARE YOU LOOKING FOR A
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SALARY:
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PRIMARY DUTIES
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INVESTIGATIONS

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Diwago Pehnyssover 12/26/21



tions for P25 Phase I Digital Simulcast Trunked Radio System at an amount not to exceed \$9,620,000.

Design services were awarded to Delta Engineers for HVAC Controls Replacement for the HHS building not to exceed \$66,000. Also awarded to Delta Engineers were design services for chiller replacement at PSB, not to exceed \$75,000.

Tioga County Coroner W. Stewart Bennett has been selected by four duly elected county coroners to be administrative coroner for 2022 and was given a stipend for \$5,000.

The Legislature passed two proclamations; the first is naming January 2022 as Human Trafficking Awareness Month. On Jan. 11, residents were encouraged to wear blue for Human Trafficking Awareness Day. The Tioga County Safe Harbour Task Force takes steps to identify, support and help keep youth and children in Tioga County safe. It works with schools, families and agencies, such as the New Hope Center, Cornell Cooperative Extension, and TOPS to name a few.

The Legislature also passed a second proclamation naming January 2022 National Radon Action Month. According to the proclamation, Radon is the leading cause of lung cancer deaths among non-smokers in the US, claiming about 21,000 Americans each year.

Tioga County has been identified as one of the five New York Counties with the highest levels of Radon. (The Towns of Barton, Berkshire, Candor, Newark Valley, and Nichols with the highest rates.)

One cannot see, smell or taste radon, but it is constantly being generated by the radium in rocks, soil, water and derived materials such as certain building supplies. Radon gets in through cracks in solid walls and floors, construction joints and gaps in floors.

Candor Chronicle 1/19/22

*Section from
Art.: Moment of
Silence Held in
Memory of Del
Bingham*

Tioga County COVID-19 Quarantine Update

The New York State Department of Health has updated their isolation and quarantine process. Virtual case investigators will begin prioritizing the order in which positives cases are called. There continues to be a backlog of cases across New York State. Please be patient while you wait for someone to contact you. If you need paperwork for an isolation or quarantine, fillable orders will be available on the New York State Department of Health website at <https://coronavirus.health.ny.gov/>.

Last week New York State released Updated Isolation & Quarantine Guidance. Tioga County Public Health is now following this guidance and we continue to get many questions regarding these changes. Please see the information below to see how these changes impact isolation and quarantine:

If you test positive for COVID-19, regardless of your vaccination status, you are required to:

- Stay home for 5 days (from symptom onset or test date)
- If you have no symptoms or symptoms are improving after 5 days, you can leave your house but you must wear a mask around others for 5 additional days
- If you are moderately/severely immunocompromised or if symptoms have not resolved, please continue to isolate until day 10; if you have a fever, stay home until fever resolves

If you are exposed to someone who

has tested positive for COVID-19:

If you have gotten your booster shot, completed the primary series of Moderna or Pfizer vaccine within the last 6 months, or completed the primary series of J&J vaccine within the last 2 months you do not need to quarantine. Wear a mask around others for 10 days and test on day 5 if possible. If you develop symptoms, get a test and stay home.

If you have not been vaccinated or you completed the primary series of Moderna or Pfizer vaccine 6 or more months ago or completed the primary series of J&J vaccine over 2 months ago and are not boosted you need to quarantine for 5 days. Continue to wear a mask around others for 5 additional days and test on day 5 if possible. If you develop symptoms, get a test and stay home.

Individuals who are unable to wear a well-fitting mask for 5 days after a 5-day isolation or quarantine should continue to stay home until day 10. If symptoms develop at any time, please, stay home and contact your healthcare provider. If you have a pending test stay home while you are waiting for your test results! Those who test positive for COVID-19 are responsible for notifying anyone they have come into close contact with. Please notify your employer and/or school district of any COVID-19 related absences.

Candor Chronicle 1/19/22

Waverly COVID-19 vaccine clinic slated for Saturday

Morning Times Staff

WAVERLY — A walk-in clinic for COVID-19 vaccines and booster shots is being planned at the Waverly Village Hall at 32 Knaca St. on Saturday, Jan. 15.

The clinic will be held from 9:30 a.m. to 4:30 p.m., and will feature first-dose

Pfizer vaccines for children ages five to 11; Pfizer booster shots for individuals aged 12 and up; and Pfizer and Moderna boosters for adults.

The clinic is being provided by the Waverly Police Department, Tioga County Public Health, VIP Star Network, New York State Department of Health, and NY State of Health. *Morning Times 1/15/22*

New COVID Cases Hit 141 Per Day

Tioga County Reporting 673 Active Cases

The Tioga County Health Department announced Jan. 5 that between Dec. 29 and Jan. 4 there were 449 new COVID-19 cases in the county. Of those, 111 were in people who are unvaccinated, 246 were vaccinated, and 57 were of unknown vaccination status. Children under the age of 12 accounted for 35 of the new cases.

There were eight hospitalizations and no known deaths, and there are currently 500 active cases in Tioga County.

As of Jan. 11 there were 673 active cases, putting the percentage of positivity among the Tioga County population at 23 percent, according to the Centers for Disease Control and Prevention online data tracker.

Vaccination status is self-reported by the positive case or their parent/guardian during the case investigation. Tioga County is not always notified when a death occurs. Deaths related to COVID-19 are reported to our department in different ways. Various



McCafferty

"The COVID-19 vaccine continues to be our best defense against severe illness and hospitalization," the health department said.

factors may impact the severity of one's COVID-19 illness including underlying health conditions and vaccination status. The COVID-19 vaccine offers protection against severe illness and hospitalization. We encourage eligible individuals to get vaccinated.

There were as many as 141 new cases being seen in a day during that week, according to a press release by the health department.

"Due to the large volume of cases we are seeing each day, it may take longer than usual for someone to contact you if you have tested positive for COVID-19," the press release stated. "If you test positive, please isolate at home away from other household members. Any unvaccinated household members should self-quarantine at home as well."

The health department is asking those experiencing symptoms of COVID-19 to remain at home and con-

tact their healthcare provider before returning to work or school, regardless of their vaccination status.

In Tioga County, 69.8 percent of residents over the age of five have received their first COVID-19 vaccination, according to the health department, and 60.7% of those five and over are fully vaccinated.

"The COVID-19 vaccine continues to be our best defense against severe illness and hospitalization," the press release said. "Because the effectiveness of the COVID-19 vaccine wanes over time, it is strongly recommended that you get a booster shot as soon as you are eligible (6 months after you complete the Pfizer or Moderna series, and 2 months after the initial J&J vaccine)."

Stay up to date on COVID-19 vaccination rates in Tioga County by visiting covid.cdc.gov/coviddata-tracker.

"Those with an underlying health condition or who are more susceptible to getting a severe case of COVID-19 must continue to protect themselves," said the health department. "Get vaccinated and boosted if you have not done so yet."

If you must go out, wear a well-fitting mask, social distance from those who do not live in your household, and avoid contact with anyone who is sick, the department advised. If you think you may have COVID-19, contact your healthcare provider. Reporting Positive

At-Home COVID-19 Tests If you or a member of your family tests positive for COVID-19 using an at-home test kit, you may report your results to the Tioga County Public Health website at ph.tiogacountyny.gov by completing the "Report Positive Home COVID-19 Test Results" form. Documentation will be sent directly to you with your isolation dates. Updated Isolation and Quarantine Guidance for New York State Yesterday the New York State Department of Health released interim guidance on isolation and quarantine.

Effective Jan. 5, Tioga County Public Health will be moving to a 5-day isolation for individuals who test positive for COVID-19. At the end of one's isolation, they must wear a well-fitting mask while around others for an additional 5 days. Anyone who is moderately-severely immunocompromised should continue to follow the 10-day isolation. Unvaccinated and symptomatic household members should quarantine at home for the duration of the positive case's isolation. Positive cases are responsible for notifying anyone they have been in close contact with. Close contacts who are unvaccinated or symptomatic should quarantine at home for 5 days from the date of their exposure.

Lisa McCafferty, Public Health Director, wants the community to know that "we recognize how confusing it is

for everyone to hear information and updates from the CDC and New York State Department of Health, which at times may be conflicting. We are doing our best to communicate and translate updates for the public, but at times, these changes are frequently occurring. Tioga County Public Health will continue to provide information to our community as we receive it."

Candor Chronicle 1/12/22

COVID-19 cases continue to increase

By ERIK BERGGREN
Staff Writer

According to the COVID-19 patient status infographic, posted on the Guthrie Clinic's Facebook page on Friday, there were 89 COVID-positive patients hospitalized — up eight in a week — and 16 in the ICU — a decrease of four.

Those numbers include patients from all four Guthrie hospitals (Sayre, Troy, Corning and Cortland) and the Robert Packer Hospital's Towanda campus.

Of the hospitalized cases, 58 are unvaccinated and 31 are vaccinated — an increase of five and three, respectively. Of those in the ICU, the number of unvaccinated held steady at 12 and the vaccinated decreased to four.

The number of confirmed cases in Bradford County has risen by 768 in the past week according to data from the Pennsylvania Department of Health's COVID-19 dashboard, bringing the total number to 11,677 since the start of the pandemic.

The number of deaths attributed to COVID-19 in Bradford County has risen by three in the past seven days, for a pandemic total of 179.

The Sayre ZIP Code (18840) has recorded 192 more confirmed cases in the

past week, for a total of 2,478 since March of 2020. Athens (18810) was home to another 152 confirmed cases this week — for a pandemic total of 1,673 — and Towanda saw another 77 confirmed cases in the past seven days, for a total of 1,453.

Five other Bradford County ZIP Codes have had more than 500 confirmed cases since March of 2020. In the past week Troy saw an increase of 50 for a pandemic total of 928, Canton increased by 46 for a total of 685, Wyalusing increased by 36 for a total of 708, Gillett increased by 28 for a total of 576, and Rome increased by 39 for a total of 556.

Out of Bradford County's 60,323 residents, 22,952 are fully vaccinated — an increase of 150 in the past week. Another 2,943 have received the first dose of a two-dose vaccine — an increase of 104 — while 9,708 residents have received a booster shot — an increase of 754.

Confirmed case numbers in Tioga County, Pa. have risen by 212 over the past week, for a pandemic total of 5,364.

In the same time the county's COVID-19 death toll has risen by three, for a total of 179.

The Wellsboro ZIP Code area has seen 74 more confirmed cases in the past seven days, for a total of 1,389 since March

of 2020. The Mansfield ZIP Code is the only other in the county to report more than 500 confirmed cases since March of 2020, currently sitting at 685 — an increase of 29 in seven days.

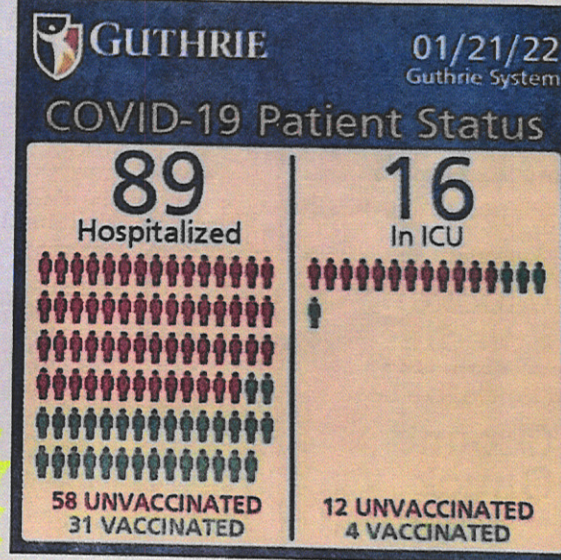
Of the 40,591 residents in Tioga County, Pa., 17,185 are fully vaccinated — an increase of 122 in the past week. Another 1,976 have currently received one dose of a two-dose vaccine — a decrease of one — and 7,550 have chosen to receive a booster dose — an increase of 473.

According to the New York State Department of Health, Tioga County, N.Y. has seen a total of 9,609 confirmed cases since the start of the pandemic.

According to the Tioga County Public Health Department's press release on January 19, the number of new cases in the county as of January 18 was 594, while the number of active cases was reported as 278.

Of the new cases, 62 were unvaccinated, 136 were vaccinated, 51 were children under the age of 12, and 345 had unknown vaccination statuses; only 13 cases were reported as hospitalized, and no new deaths have been attributed to COVID-19 in the county.

Of the 48,560 residents in Tioga County, N.Y., 28,260 are fully vaccinated according to the Centers for Disease Control



and Prevention — an increase of 185 in one week. Another 4,509 have received one dose of a two-dose vaccine — an increase of 113 — and 12,523 have received a booster dose — an increase of 684.

According to data from the Chemung County Health Department's COVID-19 dashboard, Chemung County has seen 1,210 new cases in the past week, for a total of 19,881 since the pandemic began.

The county currently has 751 active cases, down 691 from last week. Of those active

cases, only 65 are hospitalized. Six more deaths attributed to COVID-19 in Chemung County bring the total to 184.

Of the 83,456 residents in Chemung County, 48,584 are fully vaccinated according to the CDC — an increase of 356 in one week. Another 7,381 have received the first dose of a two-dose vaccine — an increase of 134 — and 22,620 have received a booster dose — an increase of 982.

Erik Berggren can be reached at eberggren@morning-times.com or (570) 888-9643 ext. 231.

WALKING IN A GERM-FREE WONDERLAND!

COVID-19, FLU, RSV & STREP THROAT ARE ON THE RISE!

Tioga County COVID-19 Update for December 29, 2021 – January 4, 2022

Tioga County's Public Health Department recently released the COVID-19 case breakdown in Tioga County, N.Y. from Dec. 29, 2021 to Jan. 4, 2022 as follows.

According to the department there were 449 new cases during this time frame, with 111 unvaccinated and 246 vaccinated; there were 35 children under 12 reported as having tested positive for COVID, and there were 57 individuals with an unknown vaccination status; there were eight hospitalizations. There are currently 500 active cases. Please note that this data does not include self-reported positive at-home tests.

Data is a snapshot of what is reported to the health department via different venues. Vaccination status is self-reported by the positive case or the parent / guardian during the case investigation. Tioga County is not always notified when a death occurs. Deaths related to COVID 19 are reported to the health department in different ways.

The department wrote, in a release, "Various factors may impact the severity of one's COVID-19 illness including underlying health conditions and vaccination status. The COVID-19 vaccine offers protection against severe illness and hospitalization. We encourage eligible individuals to get vaccinated."

Tioga County saw 449 new confirmed cases of COVID-19 in the last week, with as many as 141 new cases being seen in one day. Tioga County's Health Department stated that due to the large volume of cases they are seeing each day, it may take longer than usual for someone to contact you if you have tested positive for COVID-19.

If you test positive, isolate at home away from other household members. Any unvaccinated household members should self-quarantine at home as well. Those experiencing symptoms of COVID-19

should remain at home and contact their healthcare provider before returning to work or school, regardless of their vaccination status.

In Tioga County, 69.8% of its residents over the age of five have received their first COVID-19 vaccination, and 60.7% of those five and over are fully vaccinated.

The department wrote, "The COVID-19 vaccine continues to be our best defense against severe illness and hospitalization. Because the effectiveness of the COVID-19 vaccine wanes over time, it is strongly recommended that you get a booster shot as soon as you are eligible (six months after you complete the Pfizer or Moderna series, and two months after the initial J&J vaccine). You can stay up-to-date on COVID-19 vaccination rates in Tioga County by visiting <https://covid.cdc.gov/covid-data-tracker/>.

Those with an underlying health condition or who are more susceptible to getting a severe case of COVID 19 should continue to protect themselves.

The department added, "Get vaccinated and boosted if you have not done so yet. If you must go out wear a well-fitting mask, social distance from those who do not live in your household, and avoid contact with anyone who is sick. If you think you may have COVID-19, contact your healthcare provider."

If you or a member of your family tests positive for COVID-19 using an at-home test kit, you may report your results to the Tioga County Public Health website at ph.tiogacountyny.gov by completing the "Report Positive Home COVID-19 Test Results" form. They will send documentation directly to you with your isolation dates.

Last week the New York State Department of Health released interim guidance on isolation and

Please see **UPDATE** on page 22

Owego Pennsylvanier 1/9/22

Tioga County COVID-19 Update for December 15 – December 21, 2021

Tioga County's Public Health Department recently released the COVID-19 case breakdown in Tioga County, N.Y. from Dec. 15 to Dec. 21 as follows.

According to the department there were 231 new cases during this time frame, with 85 unvaccinated and 90 vaccinated; there were 39 children under 12 reported as having tested positive for COVID, and there were 7 individuals with an unknown vaccination status; there were 5 hospitalizations. Sadly the department reported one death during this time

Owego Pennsylvanier 1/9/22

WALKING IN A GERM-FREE WONDERLAND!

COVID-19, FLU, RSV & STREP THROAT ARE ON THE RISE!

frame. There are currently 227 active cases.

COVID-19 and other seasonal illnesses, like the common cold, influenza and strep throat continue to circulate around the community, which the

community said is concerning in light of all of the travel and gatherings that took place over the holidays.

The Health Department also wrote, in their weekly brief, "We anticipate another

spike in new COVID-19 infections following the holiday. Please monitor yourself and your household members over the next few weeks for any symptoms of COVID-19 and other seasonal illness.

If you are sick, please stay home and contact your health care provider before returning to work or school."

The health department also reminded residents to take care of themselves by including healthy food choices, get in a few walks, get extra sleep, and drink plenty of fluids. They also reminded residents to wash their hands often, wear a mask when in public places, practice social distancing, and to avoid

sick people. To find a vaccination location, visit www.vaccines.gov/.

You can find testing locations at <https://get-tested-covid19.org/> or visit the New York State Dashboard at <https://coronavirus.health.ny.gov/covid-19-testing-tracker>.

You can also find more information from Tioga County Public Health by visiting ph.tiogacountyny.gov or www.facebook.com/tiogacountypublichealth.

Owego Pennsylvanier 1/3/22

Tioga County COVID-19 update for January 5, 2022 – January 11, 2022

Tioga County's Public Health Department recently released the COVID-19 case breakdown in Tioga County, N.Y. from Jan. 5, 2022 to Jan. 11, 2022 as follows.

According to the department there were 795 new cases during this time frame, with 118 unvaccinated and 206 vaccinated; there were 80 children under 12 reported as having tested positive for COVID, and there were 391 individuals with an unknown vaccination status; there were nine hospitalizations and sadly there was one known death reported during this time frame. There are currently 632 active cases. Please note that this data does not include self-reported positive at-home tests.

Data is a snapshot of what is reported to the health department via different venues. Vaccination status is self-reported by the positive case or the parent / guardian during the case investigation. Tioga County is not always notified when a death occurs. Deaths related to COVID 19 are reported to the health department in different ways.

The department wrote,

WALKING IN A GERM-FREE WONDERLAND!

COVID-19, FLU, RSV & STREP THROAT ARE ON THE RISE!

in a release, "Various factors may impact the severity of one's COVID-19 illness including underlying health conditions and vaccination status. The COVID-19 vaccine offers protection against severe illness and hospitalization. We encourage eligible individuals to get vaccinated."

The New York State Department of Health has updated their isolation and quarantine process. Virtual case investigators will begin prioritizing the order in which positives cases are called. There continues to be a backlog of cases across New York State, according to Tioga County's Department of Health.

They wrote, in their weekly brief, "Please be patient while you wait for someone to contact you. If you need paperwork for an

isolation or quarantine, fillable orders will be available on the New York State Department of Health website at <https://coronavirus.health.ny.gov/>.

Last week New York State released "Updated Isolation and Quarantine Guidance". Tioga County Public Health is now following this guidance and they continue to get many questions regarding these changes. The following information shows how these changes impact isolation and quarantine:

If you test positive for COVID-19, regardless of your vaccination status, you are required to: stay home for five days (from symptom onset or test date); if you have no symptoms or symptoms are improving after five days,

you can leave your house but you must wear a mask around others for five additional days; if you are moderately / severely immunocompromised or if symptoms have not resolved, continue to isolate until day 10; if you have a fever, stay home until the fever resolves.

If you are exposed to someone who has tested positive for COVID-19 and have gotten your booster shot, completed the primary series of Moderna or Pfizer vaccine within the last six months, or completed the primary series of J&J vaccine within the

last two months you do not need to quarantine. Wear a mask around others for 10 days and test on day five if possible. If you develop symptoms, the health department is asking you to get a test and stay home.

If you are exposed to someone who has tested positive for COVID-19 and have not been vaccinated, or you completed the primary series of Moderna or Pfizer vaccine six or more months ago or completed the primary series of J&J vaccine over two months ago and are not boosted, you need to quarantine for five days.

Continue to wear a mask around others for five additional days and test on day five if possible. If you develop symptoms, the health department is asking you to get a test and stay home.

Individuals who are unable to wear a well-fitting mask for five days after a five-day isolation or quarantine should contin-

ue to stay home until day 10. If symptoms develop at any time, the health department is recommending you stay home and contact your healthcare provider.

If you have a pending test, stay home while you are waiting for your test results. Those who test positive for COVID-19 are responsible for notifying anyone they have come into close contact with. They must also notify their employer and/or school district of any COVID-19 related absences.

To find a vaccination location, visit www.vaccines.gov/.

You can find testing locations at <https://get-tested-covid19.org/> or visit the New York State Dashboard at <https://coronavirus.health.ny.gov/covid-19-testing-tracker>.

You can also find more information from Tioga County Public Health by visiting ph.tiogacountyny.gov or www.facebook.com/tiogacountypublichealth.

Owego Pennsylvanier 1/16/22

What to Do if You Test Positive or if You are Exposed to a Positive Case

If You Test Positive for COVID-19:

Regardless of your vaccination status, anyone who tests positive for COVID-19 should Stay home and isolate for 5 days!

Directions:

- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house
- Continue to wear a mask around others for 5 additional days
- If you have a fever, stay home until your fever resolves
If you are moderately/severely immunocompromised or symptoms have not resolved, please isolate until day 10

If You're Exposed to a Positive Case and You:

- Have gotten your booster shot
- Completed the primary series of Moderna or Pfizer vaccine within the last 6 months
- Completed the primary series of J&J vaccine within the last 2 months

Directions:

- Wear a well-fitting mask around others for 10 days
- Test on day 5 if possible



Individuals who are unable to wear a well-fitting mask for 5 days after a 5-day isolation or quarantine should continue to stay home until day 10

If You're Exposed to a Positive Case and You:

- Are Unvaccinated
- Completed the primary series of Moderna or Pfizer vaccine 6+ months ago and are not boosted
- Completed the primary series of J&J vaccine over 2 months ago and are not boosted

Directions:

- Stay home for 5 days. After that continue to wear a well-fitting mask around others for 5 additional days
- Test on day 5 if possible

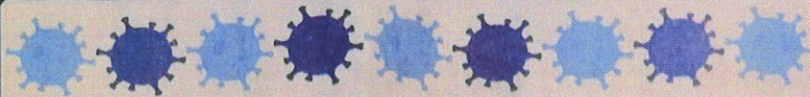
If you develop symptoms get a test and stay home



If you need documentation for your isolation or quarantine visit:
<https://coronavirus.health.ny.gov>



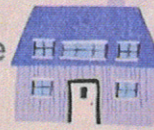
Owego Penny Saver 1/16/22
Owego Penny Saver 1/16/22



I'M COVID POSITIVE, WHAT DO I DO?

STAY HOME FOR 5 DAYS

- If symptoms are not improving after 5 days, continue to isolate until day 10



NOTIFY CLOSE CONTACTS

Close contacts should quarantine for 5 days, then test on day 5 (if possible) and continue to wear a well-fitting mask for an additional 5 days, if:

- They have not completed a COVID-19 vaccine series
- They are not boosted, but eligible



COMPLETE YOUR DOCUMENTATION



- Visit ph.tiogacountyny.gov to complete your documentation for Isolation or Quarantine (attestation form)
- The last day on your attestation will serve as your release date
- Ex: If your isolation is January 15 - 20th, you are automatically released on January 21st (unless symptoms are not improving)



Morning Times 1/25/22

Morning Times 1/27/22

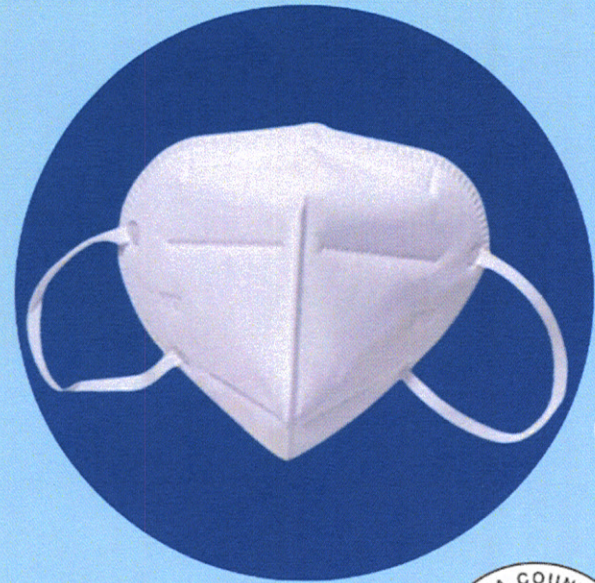
Free N-90 Masks for Tioga County Residents

A limited number of free
N-90 masks are available for
individuals, families, and
businesses in Tioga County!

Masks must be picked up during
regular business hours at the:

Tioga County Legislative Office
56 Main Street, Owego NY 13827

Questions? Please call 607-687-8240



2022 TIOGA COUNTY RABIES VACCINATION CLINICS



THURSDAY, JANUARY 20TH

Campville Fire Station
(Route 38, Owego)
5:30pm - 7:30pm

SATURDAY, MARCH 26TH

Stray Haven
(194 Shepard Rd, Waverly)
Time TBD

THURSDAY, APRIL 28TH

Hickories Park
(Owego)
5:30pm - 7:30pm

SUNDAY, MAY 15TH

Stray Haven
(194 Shepard Rd, Waverly)
Time TBD

SUNDAY, JULY 17TH

Stray Haven
(194 Shepard Rd, Waverly)
Time TBD

THURSDAY, SEPTEMBER 8TH

Rawley Park
(Richford)
5:30pm - 7:30pm

SUNDAY, OCTOBER 2ND

Stray Haven
(194 Shepard Rd, Waverly)
Time TBD

THURSDAY, NOVEMBER 17TH

Campville Fire Station
(Route 38, Owego)
5:30pm - 7:30pm

PRE-REGISTRATION IS REQUIRED!



Scan the QR Code or visit our website
ph.tiogacountyny.gov to register.

Please visit Stray Haven's
Facebook page or website for their
clinic times and registration.



Make *Financial Preparedness* Your 2022 Resolution!



Fill out the Emergency Financial First Aid Kit on ready.gov. Gather your paperwork and fill out the forms. Once completed, you'll have everything in one place!



Store everything in a water- and fire-proof container in a safe place. If storing documents electronically, be sure they are password protected.



Understand your insurance options and extent of coverage. You may need to purchase additional or specialized insurance, for example, flood insurance.



Save money in an emergency savings account that could be used in any crisis. Keep a small amount of cash at home in a safe place in case ATMs and credit cards are down.

To download the Emergency Financial First Aid Kit, and to learn more about financial preparedness, visit ready.gov/financial-preparedness





WINTER HEALTH HAZARDS

DRY, ITCHY SKIN

Moisturize your hands after washing, drink plenty of water, and wear gloves when outside



ARTHRITIS PAIN

Keep a physical activity regimen with joint-friendly exercises, manage your weight, and take prescribed medications



SEASONAL DEPRESSION

Seek help from a professional, reach out to loved ones for support, and make sure you're getting enough vitamin D



WEIGHT GAIN

Balance holiday treats and comfort foods with fresh fruits and vegetables, whole grains, lean proteins, and regular exercise



COLDS, FLUS, & BUGS!

Wash your hands, disinfect surfaces, stay up-to-date on vaccinations, and stay home when sick



FROSTBITE

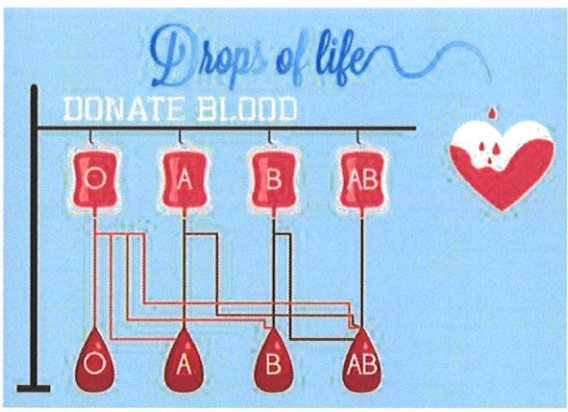
Stay inside on very cold days, if you must go out - dress in layers and cover as much skin as possible



WHAT THE HEALTH!?

Blood Donation Facts and Statistics

- * 4.5 million American need blood transfusions each year
- * Someone needs blood every 2 seconds
- * 43,000 pints of donated blood are used each day in the U.S. and Canada
- * About 1 in 7 people entering a hospital need blood
- * You can donate blood every 8 weeks
- * One pint of blood can save up to 3 lives
- * Shortages of all blood types happen during the summer and winter holidays



WINTER HEALTH HAZARDS

DRY, ITCHY SKIN

Moisturize your hands after washing, drink plenty of water, and wear gloves when outside



ARTHRITIS PAIN

Keep a physical activity regimen with joint-friendly exercises, manage your weight, and take prescribed medications



SEASONAL DEPRESSION

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FROSTBITE

Stay inside on very cold days, if you must go out - dress in layers and cover as much skin as possible



January 2022

Shed Light ON HUMAN TRAFFICKING

KNOW SOMEONE AT RISK OF SEXUAL EXPLOITATION?

Text INFO or HELP to BEFREE (233733)

Tioga County Public Health

WHAT IS THE COMMERCIAL SEXUAL EXPLOITATION OF CHILDREN (CSEC)?
 CSEC OCCURS WHEN ANY CHILD UNDER THE AGE OF 18 YEARS OLD EXCHANGES A SEXUAL ACT OR PERFORMANCE IN EXCHANGE FOR ANYTHING OF VALUE, SUCH AS, MONEY, GIFTS, SHELTER, FOOD, CLOTHING, OR DRUGS.
 THE COMMERCIAL SEX INDUSTRY VICTIMIZES GIRLS, BOYS, AND TRANSGENDER YOUTH.

Break the Silence
 Over 100,000 Children and Youth Trafficked in America Annually
 1 in 10 Children in the U.S. are Trafficked
 1 in 5 Children in the U.S. are Trafficked



COMMON RED FLAGS

- SIGNS OF SEXUAL, PHYSICAL OR MENTAL ABUSE
- DISCONNECTION FROM SOCIAL SUPPORTS
- CHILD RUNS AWAY FROM HOME FREQUENTLY
- FEARFULNESS, ANXIETY, TRAUMA SYMPTOMS
- OVER-SEXUALIZED BEHAVIOR
- HAS A SIGNIFICANTLY OLDER PARTNER
- MALNOURISHMENT OR POOR PERSONAL HYGIENE
- MINOR IS WORKING MORE THAN THEY ARE IN SCHOOL
- RELUCTANT TO DISCUSS HOW THEY MAKE MONEY
- UNTREATED INJURIES
- TATTOOS EXPRESSING OWNERSHIP
- MULTIPLE SEXUALLY TRANSMITTED INFECTIONS

Shed Light on
HUMAN TRAFFICKING
 COMMERCIAL SEXUAL EXPLOITATION OF CHILDREN (CSEC)

- WHAT DOES CSEC LOOK LIKE?**
- TRADING SEX FOR DRUGS/ALCOHOL
 - PICTURES/VIDEOS OF CHILD SEXUAL ABUSE
 - INTRA-FAMILIAL SEXUAL EXPLOITATION
 - PROSTITUTION IN A PRIVATE RESIDENCE, CLUB, HOTEL, STREETS, ETC.
 - ONLINE COMMERCIAL EXPLOITATION OR CYBER ENTICEMENT (CRAGSLIST.COM)
 - EXOTIC DANCING/STRIPPING
 - STREET PEEKING OR BEGGING
 - DOMESTIC SEX TRAFFICKING OR RUNERS



- ALL CHILDREN AND YOUTH ARE AT RISK OF TRAFFICKING**
- POPULATIONS AT HIGHER RISK INCLUDE CHILDREN/YOUTH:
- THAT RUNAWAY OR ARE HOMELESS
 - WITHIN THE FOSTER CARE SYSTEM
 - WITH HISTORIES OF ABUSE
 - WITH HISTORIES OF SUBSTANCE ABUSE
 - THAT HAVE DISABILITIES
 - IN THE JUVENILE JUSTICE SYSTEM
 - LGBTQ+ YOUTH
 - REFUGEES, IMMIGRANTS, AND NON-ENGLISH SPEAKING



NATIONAL
 1-800-368-1011
 24/7, Toll Free, Confidential, 20+ Languages
CALL 1-800-368-1011
TEXT "HELP" 333738
LIVE CHAT <https://www.humantrafficking.org>

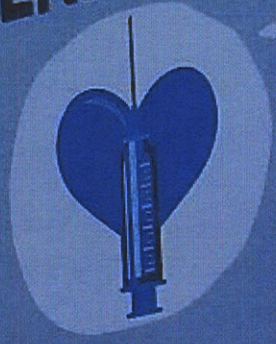
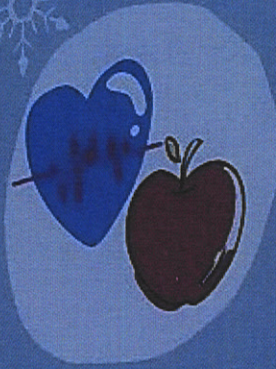
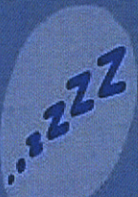
NY LIFE MY CHOICE
 COMMERCIAL SEXUAL EXPLOITATION OF CHILDREN
A GUIDE FOR PARENTS

RESOURCES
 PLEASE HELP YOURSELF!

HS Building

PARK OUTDOOR

WALKING IN A GERM-FREE WONDERLAND!



COVID-19, FLU, RSV & STREP THROAT ARE ON THE RISE!



1815
ST. JOHN

REFERRED TO:
COMMITTEE

HEALTH & HUMAN SERVICES

FINANCE COMMITTEE

RESOLUTION NO. -22

AMEND BUDGET & APPROPRIATE FUNDS
PUBLIC HEALTH

WHEREAS: Tioga County Public Health has been awarded funding from New York State; and

WHEREAS: The award is designated for Community Cancer Prevention in Action, which is a partnership between Broome and Tioga Counties; and

WHEREAS: Cancer Prevention is an area of focus for Public Health; and

WHEREAS: The funding will pass through Broome County to Tioga County Public Health; and

WHEREAS: Amending of Budget and Appropriation of Funds requires Legislative approval; therefore be it

RESOLVED: That funding be appropriated as follows:

From: A4053 422800 Public Health: Local Grants \$ 10,000

To: A4053 540640 Public Health: Supplies \$ 10,000

REFERRED TO:

HEALTH & HUMAN SERVICES COMMITTEE
FINANCE COMMITTEE

RESOLUTION NO. -22

AMEND BUDGET & APPROPRIATE FUNDS
PUBLIC HEALTH

WHEREAS: Tioga County Public Health has been awarded additional funding from New York State Department of Health; and

WHEREAS: The funding is designated for the Healthy Neighborhoods Program; and

WHEREAS: Amending of Budget and Appropriation of Funds requires Legislative approval; therefore be it

RESOLVED: That funding be appropriated as follows:

From: A4090 434640 Environmental Health: State Aid \$ 23,420

To: A4090 540595 Environmental Health: Services \$ 23,420

**COUNTY OF TIOGA
EXECUTIVE PROCLAMATION**

WHEREAS: Sleep is an essential part of a healthy lifestyle; and

WHEREAS: Insufficient sleep is detrimental to one's own health. Chronic health conditions such as heart disease, kidney disease, high blood pressure, and stroke result from ongoing sleep deprivation; and

WHEREAS: Drowsiness can lead to potential motor vehicle accidents, putting others in harm's way; and

WHEREAS: The CDC recommendation for hours of sleep per day for adults 18 and older is 7-9 hours; and

WHEREAS: In 2018, 40% of adults in Tioga County reported having fewer than 7 hours of sleep on average; and

WHEREAS: Creating a sleep schedule and following a consistent nightly routine, including limiting alcohol/caffeine, avoiding large meals before bedtime, and shutting off electronics at least 1 hour prior to bed are beneficial to a good night's sleep; therefore

THE TIOGA COUNTY LEGISLATURE, County of Tioga, does hereby proclaim the month of February 2022 as:

SLEEP AWARENESS MONTH

and urges all residents to get the recommended amount of sleep per night to help reduce chronic health conditions and drowsiness.

Dated: February 15, 2022

MARTHA SAUERBREY, CHAIR
TIOGA COUNTY LEGISLATURE