



Tioga County Public Health Department

Lisa C. McCafferty, R.S., MPH; Public Health Director



Public Health
Prevent. Promote. Protect.
Tioga County

HEALTH & HUMAN SERVICES COMMITTEE – PUBLIC HEALTH

TUESDAY, DECEMBER 6, 2022

8:30 A.M.

FINANCIAL:

- Agency Financials November 2022

OLD BUSINESS:

- None

NEW BUSINESS:

- Agency Report November 2022

PERSONNEL:

- None

RESOLUTIONS:

- Authorize The Re-Appointment of Lisa McCafferty As Public Health Director
- Recognition of Joseph Picco's 11 Years of Service To Tioga County Board of Health
- Reappoint Member To The Tioga County Board of Health

PROCLAMATIONS:

- Stress Management and Seasonal Affective Disorder Month (New-Katie Wait to Receive)

ADJOURNMENT:



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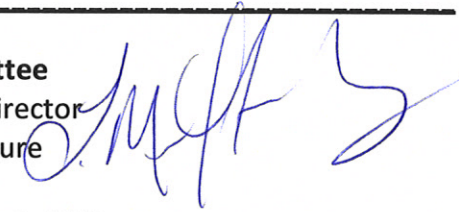
Tioga County

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INTERNAL MEMO

TO: William H. Standinger, III; Chair, HHS Committee
FROM: Lisa C. McCafferty, R.S., MPH; Public Health Director
CC: Marte Sauerbrey; Chair, Tioga County Legislature
DATE: December 6, 2022
RE: Health & Human Services Meeting December 6, 2022



Attached are Tioga Public Health's materials for the Health & Human Services Committee meeting.

- Financials (pg. 1)
- Agency Report November 2022 (pgs. 2-9)
- Resolutions:
 - Authorize The Re-Appointment of Lisa McCafferty As Public Health Director (pg. 10)
 - Recognition of Joseph Picco's 11 Years of Service to Tioga County Board of Health (pg. 11)
 - Reappoint Member To The Tioga County Board of Health (pg. 12)
- Proclamation:
 - Stress Management and Seasonal Affective Disorder Month (pg. 13)

SUMMARY SHEET OF MUNIS REPORT
PUBLIC HEALTH DEPARTMENT
YTD 2022 THRU NOVEMBER
Report Run date: 12.1.2022

FUND	ACCOUNT DESCRIPTION	ORIGINAL APPROP	TRANFRS/ ADJSMTS	REVISED BUDGET	YTD ACTUAL	ENCUMBRANCE/ REQ	AVAILABLE BUDGET	% USED
A	Total A2960 Handicapped Education	1,111,625	-450,000	661,625	737,000.49	505,533.14	-580,909	187.80
A	Total A4011 Public Health Administr	2,114,136	6,039	2,120,174	1,645,113.85	4,356.15	470,704	77.80
A	Total A4044 Early Intervention	34,543	-4,000	30,543	10,768.97	200.00	19,574	35.90
A	Total A4053 Preventive And Primary	-150,000	0	-150,000	-88,261.29	701.30	-62,440	58.40
A	Total A4064 Managed Care - Dental S	-99,196	25,000	-74,196	-74,101.70	368.72	-463	99.40
A	Total A4090 Environmental Health	-220,030	0	-220,030	-267,170.76	8,678.36	38,462	117.50
A	Total A6610 Sealer Of Weights And M	8,403	0	8,403	11,730.55	0.00	-3,327	139.60
A	Total A General Fund	2,799,481	-422,962	2,376,520	1,975,080.11	519,837.67	-118,398	105.00
H	Total H Capital Fund	30,080	17,712	47,792	25,518.82	39,193.08	-16,920	135.40
	Revenue Total	-3,789,223	-2,895,619	-6,684,842	-2,723,149.25	0.00	-3,961,693	40.70
	Expense Total	6,618,784	2,490,370	9,109,154	4,723,748.18	559,030.75	3,826,375	58.00
	Grand Total	2,829,561	-405,250	2,424,312	2,000,598.93	559,030.75	-135,318	105.60

Comments:

- This report does NOT represent the final figures for YTD through November 2022. It represents what was in MUNIS at the time of this report (12.1.2022)
- Most Revenues received in Jan-Feb are for services/expenses from prior year, & are moved back (to 2021). Thus, current year revenues are delayed.
- \$450,000 was removed from Handicapped Education's Expenses and Revenues in November 2022 to cover shortfall in the Community College account.
- Two quarters of NYS Aid revenue are still to be posted in 2022.



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NOTEWORTHY ITEMS, UPDATES AND ACCOMPLISHMENTS

- Awarded the Village of Spencer \$15,000 through the Creating Healthy Schools and Communities Grant to make improvements to the walkability of Nichols Park.
- Held celebration to recognize Dental staff for collective 57 years of service to the public.
- Nicole Whitmore and Jason Davis graduated from Leadership Tioga!
- We completed the 2022 Community Health Assessment, and it is ready for print!
- Hosted vaccine clinic for employees to receive flu shots, exclusion (pediatric) immunization. Also hosted Rabies vaccine clinic at Campville Fire Station in Owego.
- Laura tabled at the Spencer-Van Etten food pantry with CCE/SNAP-Ed NY. Katie W. tabled at Rural Ministry with CCE/SNAP-Ed NY on two separate occasions.
- Laura put together and electronically distributed the *2022 Tioga County Cookbook* with recipes contributed by various Tioga County employees.
- Awarded the Village of Spencer \$15,000 through the Creating Healthy Schools and Communities Grant to make improvements to the walkability of Nichols Park.
- Larson Design Group engineers came to the Dental Van to consult on facility and procedures with goal of improved efficiency sanitation practice and maintenance items.
- Certified a new water system operator for Tioga Central School District.
- Ongoing support/partnership in: Team Tioga, Safe Harbor Committee, Allies in Substance Abuse Prevention (ASAP), Tioga County Immunization Coalition, Anti-Hunger Task Force, Tioga County Local Emergency Planning Committee (LEPC), Child Fatality Review Team, Care Compass Network PAC Executive Council, Tioga County Council of Governments, Tioga County Board of Health, Rural Economic Partnership (REAP), and External Community Advisory Board MPH Program at Binghamton University, Immunization Action Plan Coalition, and Lead Poisoning Prevention Program (LPPP) Coalition.

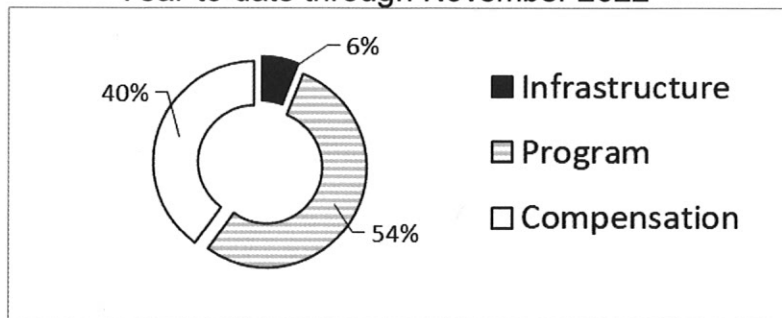
Attachments:

1. Financial Snapshot November 2022.
2. Data Report November 2022.
3. Press Release: Reminder : Cover Coughs and Sneezes!, October 2, 2022
4. Advertisement: "Don't Let Respiratory Illness Take Your Down This Winter!," & "Dealing with Holiday Stress?," Morning Times, November 23, 2022.
5. Flyer: "Holiday Safety," November 2022.
6. Flyer: "Flu Season is Here!," November 2022.
7. Flyer: "Healthy Habits Aren't Autumn-atic," November 2022.
8. Flyer: "What The Health!?", November 2022.
9. Bulletin Board: "Hunter Safety," 56 Main Street, Owego, Ny 13827.
10. Billboards: "Stick it to the Flu!" & "Vaccinate Your Pets," November 2022.

Financial Snapshot
Year-to-date through November 2022

	2018 Actual	2019 Actual	2020 Actual*2	2021 Actual	2022 Budget	Actual*1,3 YTD 2022	Percentage of 2022 Budget
Revenues							
Fees	1,100,359	1,112,262	739,661	625,355	980,235	671,457	68 %
State/Federal	2,680,110	2,704,275	2,047,032	2,315,802	3,072,051	1,613,670	53 %
Local	2,147,623	2,103,208	1,924,103	1,906,875	2,424,312	1,927,923	80 %
TOTAL	5,928,092	5,919,745	4,710,796	4,848,032	6,476,598	4,213,060	65 %
Expenses							
Compensation	1,734,508	1,728,302	1,889,627	2,136,196	2,554,190	1,704,520	67 %
Program Expense	3,671,760	3,661,604	2,518,252	3,928,472	3,548,883	2,256,497	64 %
Core Infrastructure	521,824	529,838	302,917	347,691	373,525	252,043	67 %
TOTAL	5,928,092	5,919,745	4,710,796	6,412,359	6,476,598	4,213,060	65 %
FTE: 2022 Approved Headcount of 37 FTE: 31 FT & 6 PT Plus 3 Temps	23.8	26.3	23.7	29.2	30.8	-----	-----

Allocation of Expenses
Year-to-date through November 2022*1,3



- *Notes:
1. The "Financial Snapshot" & "Allocation of Expenses" represent figures as of this report date (11/29/2022), and are not the FINAL November 2022 figures.
 2. During 2020, the Legislature required a 10% cut in expenses from all County departments. This was removed from the Expense side of the ledger, but not the offsetting revenue portion, thus inflating the reported "Local Share" of Public Health by nearly \$375K.
 3. COVID Specific funds have been removed from these tables, as they skew the numbers due to their large amounts. Currently over \$2.6 million has been appropriated of Covid funding within Public Health.
 4. In November 2022, the Treasurer, Budget Officer and Legislature transferred \$450K from Public Health to cover overages in other areas of the County. This reduced both the Expenses and Revenue lines.

PUBLIC HEALTH ACTIVITIES	Y-E 2020	Y-E 2021	Nov-22	Y-T-D
Community Health				
Healthy Neighborhoods Program Visits	94	112	25	235
- HNP revisits	40	14	0	7
Communicable Disease	618	0	203	882
- Respiratory (Legionellosis, Strep)	143	4	0	8
- Influenza	571	49	168	400
- Tick caused	19	105	24	220
- Hepatitis	20	53	7	89
- Gastrointestinal Disease	16	40	4	46
- PPD Test Administered	5	0	0	0
Child Passenger Safety Seats Inspected	6	20	4	40
- Child Seats FAILED Inspection	5	10	4	31
PH Interns	1	2	0	2
Immunizations total child and adult	35	0	16	34
People Trained w/ Narcan	9	2	0	1
Narcan Distributed (added 8/18)	41	160	0	64
Dental				
New Clients	124	154	14	304
Dental Screenings	631	782	69	1015
- Clients with no tooth decay	237	328	12	246
- Clients WITH tooth decay	116	310	39	446
- Clients with EXTENSIVE tooth decay	251	128	19	313
Extractions	91	179	5	92
Children Services				
Early Intervention Referrals	132	138	6	133
- Early Intervention CURRENT Caseload Monthly total	531	638	50	N/A
Environmental Health				
Animal bite investigations	119	150	6	153
Rabies Clinics	2	6	1	7
- Number of Animals	391	1098	64	1012
Food Establishment Inspections	81	182	8	151
- Establishments with Violation	10	26	1	18
Temporary Food Inspections	2	8	0	57
- Clean Indoor Air Act Violations (Smoking)	0	0	0	0
Mobile Home Park Inspections	3	37	7	12
Swimming Pool Inspections	9	14	0	18
Children's Camps	5	4	0	8
Agriculture Fairgrounds	0	2	0	2
Nuisance Complaints	58	17	1	16
Enforcement Actions	11	31	1	29
Weights & Measures				
Inspection Sites	69	129	10	111
- Devices Inspected	277	499	48	347
Petroleum Quality Samples Taken	0	0	0	12
COVID-19				
* Days Public Health EOC activated from year start	285	364	N/A	336
Total COVID Cases for period	5849	5628	250	6995
Individuals Tracked	5849	13224	250	7282
Calls Taken	15257	7824	7	497
Quarantine/Isolation Orders Issued	4323	13586	0	2886
Household Trips/deliveries	2518	1772	0	34
COVID-19 Related Complaints	144	41	0	1
Vaccination Clinics	5849	36	0	2



Tioga County Public Health Department

Lisa C. McCafferty, R.S., MPH; Public Health Director
1062 State Route 38, PO Box 120, Owego, NY 13827
607-687-8600



PRESS RELEASE

For Immediate Release:
October 28, 2022

Contact: Katie Wait, 607-687-8614
Public Health Educator

Reminder: Cover Coughs and Sneezes!

Covering coughs and sneezes and keeping hands clean can help prevent the spread of respiratory illnesses like flu, respiratory syncytial virus (RSV), and COVID-19, all of which are circulating in our area. Germs are easily spread by coughing, sneezing, or talking; touching your face with unwashed hands after touching contaminated surfaces or objects; touching surfaces or objects that may be frequently touched by other people.

To help stop the spread of germs:

- Cover your mouth and nose with a tissue when you cough or sneeze
- Throw used tissues in the trash
- If you don't have a tissue, cough or sneeze into your elbow, not your hands
- Wash hands with soap and water

Remember to immediately wash your hands after blowing your nose, coughing, or sneezing. Washing your hands is one of the most effective ways to prevent yourself and loved ones from getting sick. When washing your hands, make sure that you use soap and water and wash your hands for at least 20 seconds. If soap and water are not readily available, use an alcohol based hand sanitizer that contains at least 60% alcohol to clean hands.

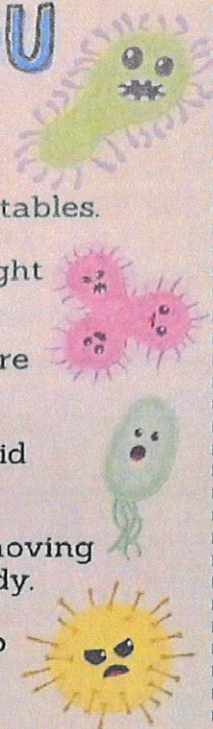
To help prevent the spread of respiratory disease, you can also avoid close contact with people who are sick. If you are ill, you should try to distance yourself from others so you do not spread your germs. Distancing includes staying home from work or school when possible.

Don't forget to stay up-to-date on flu and COVID-19 vaccines! You can find vaccines near you by visiting [vaccines.gov](https://www.vaccines.gov).

For more information, visit our Facebook page (@Tioga County Public Health) or our website at ph.tiogacountyny.gov.

DON'T LET RESPIRATORY ILLNESSES TAKE YOU DOWN THIS WINTER!

- 1 Eat a well balanced diet with fruits and vegetables.
- 2 Rest up! Aim for 7 - 8 hours of sleep each night to allow your body time to refuel.
- 3 Get vaccinated to protect yourself from severe illness from the flu and COVID-19.
- 4 Wash and sanitize your hands often and avoid touching your mouth, nose, and eyes.
- 5 Stay active. Even going for a short walk or moving around doing housework is good for your body.
- 6 Stay home if you are sick, and if you must go out, please cover your coughs & sneezes.



Help protect those who are more likely to suffer from severe illness including infants, seniors, and those with underlying health conditions!

DEALING WITH HOLIDAY STRESS?

THE HOLIDAYS ARE A TIME OF CELEBRATION! HOWEVER, THIS TIME OF YEAR CAN ALSO BE FILLED WITH STRESS AND ANXIETY. TAKE STEPS TO REDUCE STRESS AND ENJOY A HAPPY AND HEALTHY HOLIDAY SEASON!

- Reach out to friends or family!
- Stick to a budget and plan ahead!
- Aim for 7-8 hours of sleep!
- Exercise and eat a balanced diet! Enjoy treats in moderation!
- Take time for yourself, even if it's just for a few minutes!
- Seek help from a trained professional if needed!


IMPORTANT TIOGA COUNTY PHONE NUMBERS:

Mental Health: 607-687-0200
Public Health: 607-687-8600
Suicide Prevention Hotline: 800-273-8255



Flu Season is Here!

GET YOUR FLU SHOT



Holiday Safety

Online Shopping


- Always use strong passwords and update them regularly
- Beware of identity theft - closely monitor all of your financial accounts
- Install the latest version of your Internet browser and security software
- Don't open emails from unknown senders or click on links to "deals" that seem suspicious
- Look for indicators of a secure site before entering credit card numbers, passwords, personal information, or confidential information
 - A lock symbol
 - A green color in the address bar
 - The addition of an "S" to the "http://" at the beginning of a URL

Food Safety

- Keep raw meats separated from all other foods
- Cook food thoroughly - use a food thermometer to ensure a safe internal temperature
- Once food is prepared, keep hot food hot and cold food cold
- Use pasteurized eggs for dishes containing raw eggs, such as eggnog, tiramisu, hollandaise sauce, and Caesar dressing
- Wash your hands!

Fire Prevention

- Keep flammable items away from heat sources (oven, stove, fireplace, etc.)
- Clean up greasy spills as you go to remove another fire hazard
- If you have a Christmas tree, make sure to water it every day
- Don't plug in more than 3 light strands to one another (use a power cord instead)
- Discard light strings that are worn or broken
- Always unplug lights (and blow out candles!) if leaving the house or going to sleep
- If using a menorah or kinara, place it on a non-flammable surface to catch the melting candle wax, such as a tray lined with aluminum foil




Healthy Habits Aren't Autumn-atic

So make them a priority!

Set a routine

- Take a break from social media
- Aim for 7 hours of sleep a night
- Tidy your home a little each day
- Eat 3 balanced meals when needed
- Set productive goals
- Spend time with loved ones



WHAT THE HEALTH!?

LUNG CANCER AWARENESS MONTH

Lung cancer is the most common cause of cancer death in the United States and worldwide!

In fact, it kills more people than the next three most common causes of cancer death **combined** - colorectal, breast, and pancreatic.



SMOKING is the most common cause of lung cancer. **Quit, or never start, smoking!**

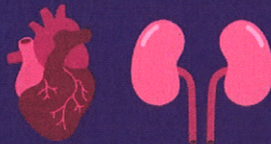
Additional risk factors include: being exposed to secondhand smoke, exposure to radon, family history of lung cancer, etc.



November is American Diabetes Month!



37.3 million people in the US have diabetes.
96 million people ages 18+ have prediabetes.



Diabetes can cause a wide array of complications that impact the heart, kidneys, nerves, and more!



Type 2 diabetes can be prevented by following a healthy lifestyle and maintaining a healthy weight.

FACTS ABOUT ALZHEIMER'S DISEASE

Alzheimer's is a progressive brain disorder, **NOT** a normal part of aging¹



MORE THAN 6.2 MILLION AMERICANS are living with Alzheimer's¹

The number of Americans with Alzheimer's is projected to surpass **13.8 MILLION** by 2060²

MORE THAN 11 MILLION American caregivers provide **OVER 15.3 BILLION** hours of unpaid care¹

Connect with information and support.

Contact AFA's Helpline

Phone: 866-232-8484 - Text: 646-586-5283 - Web: www.alzfdn.org

¹ Centers for Disease Control and Prevention (CDC)
² National Institutes of Health (NIH)



Rabies Vaccination Clinic!

Thursday, November 17th
5:30pm - 7:30pm
Campville Fire Station
(Route 38, Owego)

Pre-register by visiting ph.tiogacountyny.gov or scan the QR code!



November 2022



Bulletin board, 56 Main St, Owego, Nov 2022



Billboard, Nov. 2022



Page 9
Billboard, Nov. 2022

REFERRED TO:

HEALTH & HUMAN SERVICES COMMITTEE
PERSONNEL COMMITTEE

RESOLUTION NO. -22

AUTHORIZE THE RE-APPOINTMENT OF
LISA MCCAFFERTY AS PUBLIC HEALTH DIRECTOR

WHEREAS: Lisa McCafferty has served as the Tioga County Public Health Director since December 14, 2015; and

WHEREAS: Public Health Director McCafferty's current appointment, effective January 11, 2017, will expire on January 10, 2023; and

WHEREAS: The Board of Health voted at their October 20, 2022 meeting to re-appoint Ms. McCafferty for a 6-year term and the County Legislature is in agreement with this decision; therefore be it

RESOLVED: That Lisa McCafferty is hereby re-appointed as the Public Health Director for a 6-year term effective January 11, 2023 through January 10, 2029.

REFERRED TO

HEALTH & HUMAN SERVICES COMMITTEE

RESOLUTION NO. -22

RECOGNITION OF
JOSEPH PICCO'S 11 YEARS OF
DEDICATED SERVICE TO TIOGA COUNTY
BOARD OF HEALTH

WHEREAS: Joseph Picco, DDS, was appointed as a member of the Tioga County Board of Health February 15, 2011; and

WHEREAS: Joseph served graciously on the Board for 11 years, the last 7 of which as Board of Health President; and

WHEREAS: Joseph Picco, DDS, has been dedicated and loyal in the performance of his duties and responsibilities to the Board of Health and Public Health; and

WHEREAS: As a lifelong Waverly resident, Joseph has diligently represented the citizenry of the Waverly area; and

WHEREAS: Joseph Picco, DDS, stepped down from the Tioga County Board of Health to allow another member to continue on in his place on November 17, 2022; therefore be it

RESOLVED: That the Tioga County Legislature, on its own behalf, as well as on behalf of the citizens of Tioga County, express sincere gratitude to Joseph Picco, DDS, for his 11 years of dedicated and loyal service to the residents of Tioga County; and be it further

RESOLVED: That this resolution be spread upon the minutes of this meeting and a certified copy be presented to this outstanding volunteer, Joseph Picco, DDS.

REFERRED TO: HEALTH & HUMAN SERVICES COMMITTEE

RESOLUTION NO. -22 REAPPOINT MEMBER TO THE TIOGA COUNTY
BOARD OF HEALTH

WHEREAS: Section 344 of the Public Health Law requires that members of the Board of Health shall serve six (6) year staggered terms; and

WHEREAS: Joseph Picco, DDS, resigned from the Board of Health 11/17/2022; and

WHEREAS: The appointed term for Joseph Picco, DDS, on the Board of Health expires 12/31/2023; and

WHEREAS: Thomas Nyтч, DVM, whose term is due to expire 12/31/2022, has agreed to fill the unexpired term of Joseph Picco, DDS; therefore be it

RESOLVED: That Thomas Nyтч, DVM be reappointed to the Board of Health to fill the unexpired term of Joseph Picco, DDS, for a term of 1/1/2023-12/31/2023.

**COUNTY OF TIOGA
EXECUTIVE PROCLAMATION**

WHEREAS: Tioga County Public Health recognizes the impact of stress on health and wellness; and

WHEREAS: Stress is experienced by everyone at some point in their life; and

WHEREAS: Stress is the physical and/or mental response to external cause, such as a traumatic event or life change; and

WHEREAS: Seasonal affective disorder is a type of depression that causes changes in mood and behavior when the seasons change, particularly during fall and winter; and

WHEREAS: Tioga County residents reported increased stress, depression, and feelings of isolation due to the COVID-19 pandemic (according to the 2022 Community Health Assessment survey); and

WHEREAS: Unresolved stress can have harmful impacts on the body including heart disease, weight loss or gain, sleep disturbances, and decreased productivity to name a few; therefore

The TIOGA COUNTY LEGISLATURE, County of Tioga, does hereby proclaim the month of December as

STRESS MANAGEMENT AND SEASONAL AFFECTIVE DISORDER MONTH

and urges all residents to manage their stress by making time for hobbies and interests, spending time with loved ones (including pets!), accepting things that are out of our control, and speaking with a mental health professional if needed.

DATED: December 13, 2022

MARTHA SAUERBREY, CHAIR
TIOGA COUNTY LEGISLATURE