

TIOGA COUNTY COMMUNITY SERVICES BOARD

MH – ASA – OPWDD Subcommittee Meeting

APPROVED

June 3rd, 2025

9:30 a.m.

Via: Hybrid

Member	Nadia Constant	Trevor Yaeger
Attendance:	Kim Bailey-Poreda	Bob Williams
	Karen Warfle	Kylie Holochak
	John Crosby	Gayle Pado
	Sue Medina	Gabby Ayres
	Carolyn Galatzan	Sarah DiNunzio
	Katie Wait	Larissa Brower

Guest	Jennifer Payne
Attendance:	Anne Seepersaud
	Christine Shaver

Mental Hygiene	Lori Morgan, Director of Community Services
Staff Attendance:	Sarah Begeal, Deputy Director of Community Services
	Danielle Fabregas, Clinical Program Director
	Angelica Deyo-Cruz, Corporate Compliance Officer
	Porshea Moore, Peer Advocate
	Sue Graves, Secretary to the Director

Meeting called to order at: 9:35am

Topic:	Review April & May Minutes – MH & ASA approved as written. OPWDD – April approved with changes – May approved as written
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Topic	Director's Report – Lori Morgan
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Discussion:	<p>Updates:</p> <ul style="list-style-type: none">• Group agreed to no July meeting<ul style="list-style-type: none">○ Next meeting August 5th, 2025, at 9:30am• County Plan Discussion<ul style="list-style-type: none">○ Priority Guidelines for MH & ASA passed out for review○ Email Lori with any changes○ Due to State by 6/30/25○ Review frequency discussed<ul style="list-style-type: none">▪ Workgroup discussed – individuals from each subcommittee▪ Kylie to coordinate▪ Present work being done by each subcommittee quarterly○ John committed to reviewing goals/objectives to determine what the subcommittee could have an impact on.• Budget season
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- Must come in budget neutral
- Vacancies over 12 months must be explained to the Legislature

Status: Informational – Complete

Topic: Deputy Director Report – Sarah Begeal

Discussion: Updates:

- Staffing
 - Clinical Social Worker in the background check process
 - Owego clinic will be at full staff with this hire
 - Application received for Mobile Crisis

Status: Informational - Complete

Topic: Clinical Program Director Report – Danielle Fabregas

Discussion: Updates:

- Census
 - Mental Health – 642 admitted clients
 - ADS – 99 admitted clients, 25 continued care, 15 peer only

Status: Informational - Complete

Topic: MH Subcommittee – Larissa Brower

Discussion: Presentation by Christine Shaver – Tioga Opportunities

- Housing Services
- Brief overview of services given
- Current waiting list:
 - Long Meadows – 140
 - Nichols – 40
 - Springview – 70
 - County Farm – 40+
- Section 8 housing is currently closed – waiting for the state to reopen
- Working with Care Compass but not to develop new housing
- Presentation, flyers & applications attached

A New Hope Center – Sarah DiNunzio

- Housing is a huge need
- Seeing a trend with adult children committing acts of violence toward their parents and other family members
- Will be participating in the Strawberry Festival Parade

RSS – Larissa Brower

- SOS Team is busy
- Experiencing a hiring struggle
 - Care Manager and Clinician positions open

Public Health – Sue Medina

- Community Health Assessment in process
- My Health Story survey in process
- Public Health Educator started 6/2/25
- Credible Minds promotions
 - 400 people visited the site
 - 100 assessments completed
 - The highest users are 13-17yr olds
 - Second highest is tied at 18-24 yrs old and 24-34yrs old
 - Promoting with postcards, wallet cards, coffee sleeves
 - Doing a gift cart promotion

Suicide Coalition – Katie Wait

- Revamping goals & objectives
- Met in May
- LOST Grant
 - Meet with survivors of suicide
 - Resources & support groups

Hea Hea – Nadia Constant

- Slated to open next month
- Eating Disorders are a silent crisis
 - New York statistics shared
 - 90,000 adolescences consider
 - 60,000-90,000 teens with an eating disorder
 - Fewer than 1% get the care they need
- Outpatient services are the least supported by the system
- Hea Hea's mission is to facilitate care, but challenges prevent that from happening
- Hosting a lunch & learn – holistic approach to mental health
 - Goal for county plan – screen for eating disorders

Status:

Informational - Complete

Topic:

OPWDD Subcommittee – John Crosby, Chair

Discussion:

DDSO/DDRO Report – Renee Nurek – Not Present

Achieve Report – Shannon Westbrook (via email)

- Tioga Day Hab is at capacity
 - 3 referrals on wait list for Site Based Day Hab
- Day Hab With Out Walls (DHWOW) has 7 enrolled
 - 1 starting by the end of the month
 - 2 referrals in process
- Looking at renovating the old workshop
 - Recertify at a higher capacity
- Continuing to build on DHWOW
 - Family site tours have garnered a lot of interest

FSS Report – Gayle Pado

- No Report

Racker – Gayle Pado (via email)

- June activities attached
- Self-Direction accepting referrals
 - No wait list

CCO Reports

- LifePlan – Anne Seepersaud
 - Hosting a provider network event
 - Thursday, 6/5/25 from 10am-1pm at Celebrations in Binghamton
 - Register online (email link attached)
 - Learn about Southern Tier services including Tioga County
- ST Connects – Emily Jackson (via email)
 - Fully staffed for the Tioga Region
 - Continuing to focus on similar priorities as previously reported
- Prime Care – Tricia Tomm – Not Present

Catholic Charities – Gabby Ayres

- Revamping programs
- Opened Day Hab Without Walls for ages 55+ & 18+ with disabilities
 - Accepting referrals
- Numerous activities shared
 - Open Mic Night
 - Fishing
 - Brunch at Kirby Park 6/10/24
 - See Facebook page for all events
- Hiring for the Tioga County for after school hours

Self-Advocacy – Karen Warfle

- Community Assistance Course completed
- Numerous activities attended
 - Baseball games
 - Action Club meeting today
 - Care packages for US troops
 - Callie's Clubhouse
 - Mother's Day Event
- Calling dentists
 - Long wait lists
 - Not taking new patients
 - Seeking dentists who are taking new patients (county plan goal)

Status:

Informational - Complete

Topic: ASA Report – Kylie Holochak, Chair

Discussion: Trinity - Laura Smith (via email)

- Finishing up programming in Waverly and SVE schools
 - Planning the summer programming
- Creating an end of year newsletter reflecting work completed in the 2024-2025 school year
 - Can share with the subcommittee
- New staff member starting outreach in Newark Valley and Tioga School districts to offer programming
 - Hoping to help with summer programming

ASAP Coalition – Kylie Holochak

- Focus groups started
- Compliance Checks starting
- OD Vigil August 28th
- Promoting Safe Celebration month
- Locks Save Lives promotion

Coroner Report - Bob Williams

- One overdose death in March

EMS Report– Bob Williams

- Open House was a success

TAM Program – Bob Williams

- Training completed
- Currently have 2 active cases tied to a school district
- Looking to help with other cases
- More volunteers being trained

Sheriff's Department – Trevor Yaeger

- Overdose report showing low numbers
 - One overdose death in March
- Will be doing Compliance Checks with the ASAP Coalition
 - The purpose is to keep alcohol away from youth
 - Violators will be ticketed

ASAP Coalition – Kylie Holochak

- One Tomkins County death via vape
 - Student overdosed on Fentanyl
- Tioga County schools have Narcan
 - Schools requesting more Narcan
 - Looking to NYS for enforcement guidelines regarding vapes
 - Schools handling internally – not reporting
 - Schools don't know what to do with the collected vapes
 - No guidelines on how to properly dispose of

- Will keep pushing for Narcan in homes for those who vape

Tioga Opportunities – Christine Shaver

- Received harm reduction vending machine and Fentanyl testing strips

Peer Advocate – Porshea Moore

- Massive uptick in needed Narcan
 - Requests resulting from school event
 - People requesting for vacations & festival attendance
- Housing issue
 - People are getting clean but there is no appropriate place to go but back to where they came from
- Mental Hygiene is gearing up for the Strawberry Festival

Status: Informational - Complete

Adjournment: Meeting adjourned at 11:03am. There will not be a meeting in July. The next meeting is scheduled for Tuesday, August 5th, 2025, at 9:30am
